

Peritoneal dialysis (PD) makes new tasks to fit into your daily life. If you have a partner for PD, you will need to sort out who will do each task. **It is best for you both if the person on dialysis (dialyzer) does as much of each treatment as s/he can.** This can help avoid partner burnout. You can change who does what over time. NOTE: This is a long list. Don't panic! You will learn the details for each task in training.

HOW TO USE THE PATH-D: PD

- Print two copies.
- You and your care partner each fill one out.
- Compare both lists to see where you agree.
- Talk through the tasks you don't agree on.
- Keep the lists. Re-do them from time to time if things change for you.

I am the: **Dialyzer** **Partner**

Date: _____

I see myself doing this much of the PD treatment (circle the percent):

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
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Task	Who will do the task		
	Dialyzer	Partner	Both
1. Order, track, and store supplies.			
2. Gather the bag(s) you will need for the treatment.			
3. Lift the bag(s) onto the IV pole or cyclor.			
4. Take vital signs (blood pressure, pulse, temp. & weight).			
5. Note problems or symptoms.			
6. Set up the cyclor (if used) & see that it is ready to go.			
7. Check and clean the PD catheter exit site.			
8. Connect the PD catheter to the tubing.			
9. Enter the treatment settings and start the treatment.			
10. Respond to any alarms that may occur.			
11. Unhook the catheter when the treatment is done.			
12. Keep records and send them to the clinic.			
13. Clean the outside of the cyclor (if used).			
14. Break down trash boxes and throw them out.			
15. Empty drain bags and throw out.			
16. Break down and clean cyclor (if used).			
17. Take and track medicines.			
18. Bleach drains that are used for PD fluid.			
19. Bleach the shower head (to avoid infection).			
20. Be on hand when supplies are dropped off.			